

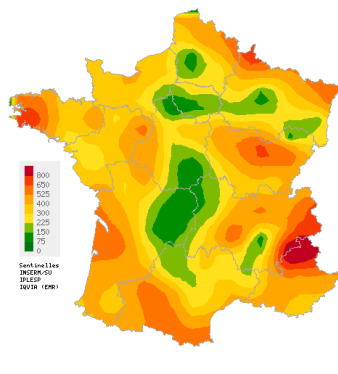
# Observed situation in primary care

Epidemiological surveillance bulletin for the week 5 of the year 2026, from 01/26/2026 to 02/01/2026

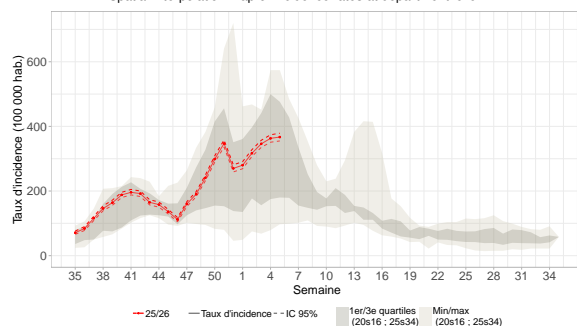
# Sentinelles

## Acute Respiratory Infection (ARI)

Covid-19, Influenza and other respiratory viruses  
Moderate activity in general practice



Spatial interpolation map of incidence rates at department level



Incidence rates and comparison with historical data

In mainland France, last week (2026w05), the incidence rate of acute respiratory infection (ARI) cases consulting in general practice was estimated at **367 cases per 100,000 population (95% CI [355; 379])**.

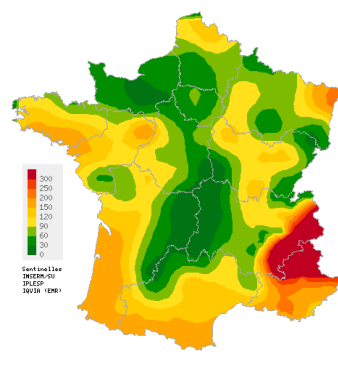
Subject to future data consolidation, this rate is **stable** compared to the previous week and corresponds to a **similar activity level** to those usually observed at this time of the year (consolidated data for 2026w04: 363 [351; 374]).

ARI are caused by a variety of respiratory viruses including SARS-CoV-2 (Covid-19), influenza viruses, and other respiratory viruses such as RSV, rhinovirus and metapneumovirus. The purpose of ARI surveillance is to monitor outbreaks of these virus.

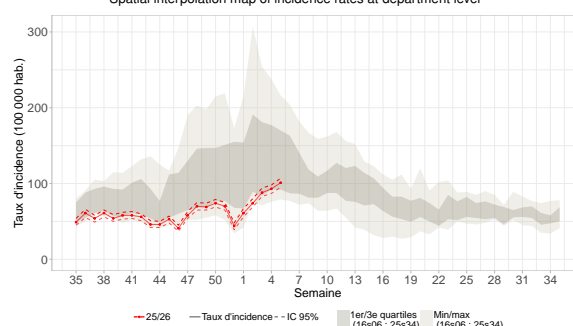
Data sources: Sentinelles, Electronic Medical Records (EMR) IQVIA

## Acute diarrhea

Low activity in general practice



Spatial interpolation map of incidence rates at department level



Incidence rates and comparison with historical data

In mainland France, last week (2026w05), the incidence rate of acute diarrhea cases seen in general practice was estimated at **101 cases per 100,000 population (95% CI [95 ; 107])**.

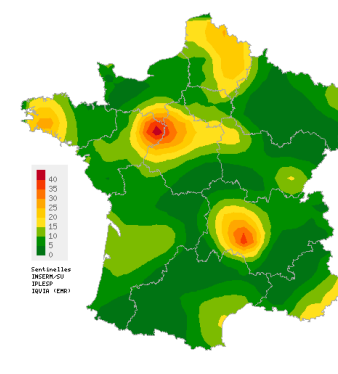
Subject to future data consolidation, this rate is **slightly increasing** compared to the previous week and corresponds to a **low level of activity** compared to those usually observed at this time of the year (consolidated data for 2026w04: 93 [87; 98]).

The purpose of acute diarrhea surveillance is to monitor gastroenteritis outbreaks.

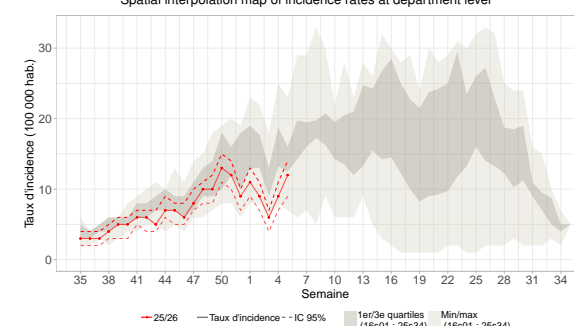
Data sources: Sentinelles, Electronic Medical Records (EMR) IQVIA

## Chickenpox

Low activity in general practice



Spatial interpolation map of incidence rates at department level



Incidence rates and comparison with historical data

In mainland France, last week (2026w05), the incidence rate of chickenpox cases seen in general practice was estimated at **12 cases per 100,000 population (95% CI [9; 14])**.

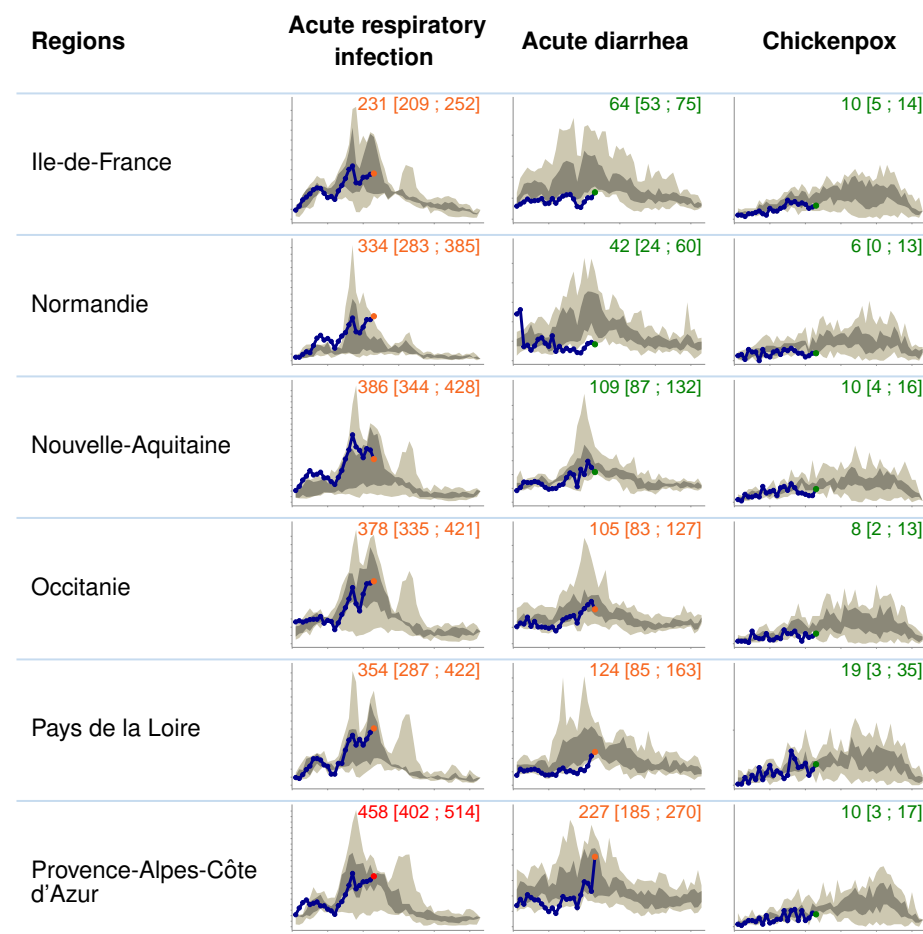
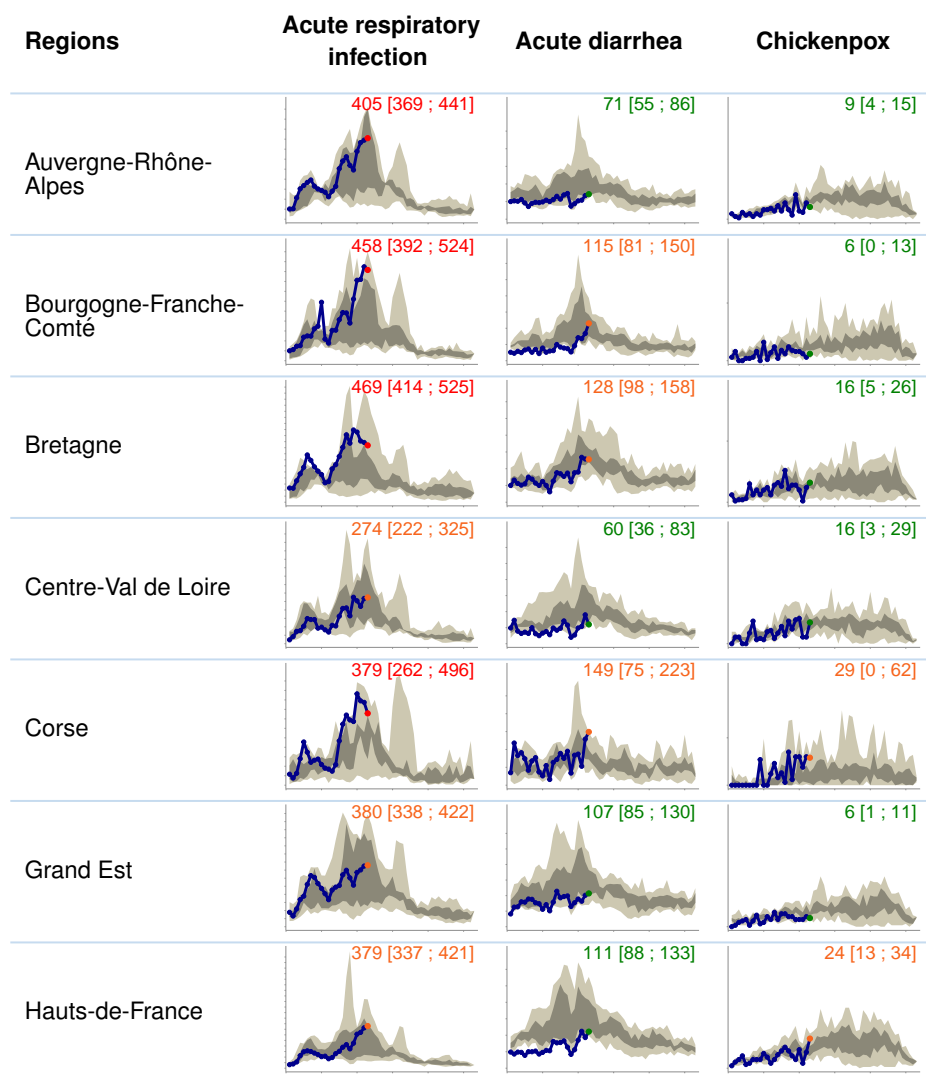
Subject to future data consolidation, this rate is **slightly increasing** compared to the previous week and corresponds to a **lower level of activity** than those usually observed at this time of the year (consolidated data for 2026w04: 9 [7; 11]).

Data sources: Sentinelles, Electronic Medical Records (EMR) IQVIA

# Incidence rates by french region

Epidemiological surveillance bulletin for the week 5 of the year 2026, from 01/26/2026 to 02/01/2026

# Sentinelles



Data sources : Sentinelles Network and EMR (Electronic Medical Records) IQVIA

## Activity levels

- Low activity
- Moderate activity
- High activity

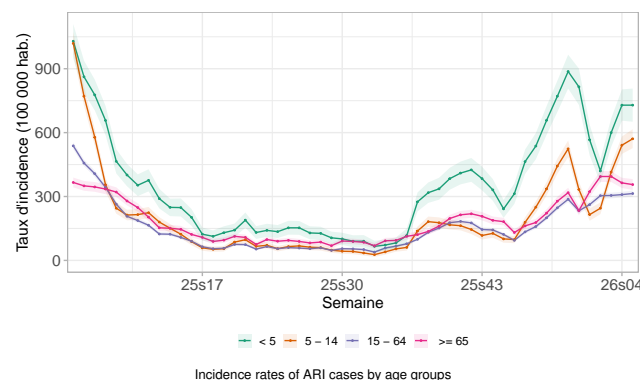
For the three indicators, the blue curve corresponds to the change in the incidence rate per 100,000 population for the current year. For ARI, previous years (since 2020) are shown with the grey curves. For acute diarrhea and chickenpox, the distribution of weekly incidence rates for the previous years is shown in grayed colour, with quartiles in darker and minimum/maximum values in lighter. This representation enables current trends to be compared with historical data. The value of the last point and its confidence interval are shown at the top of each graph. Different scales are used for different indicators.

# Acute respiratory infection (ARI) - Additional data

Epidemiological surveillance bulletin for the week 5 of the year 2026, from 01/26/2026 to 02/01/2026

# Sentinelles

## ARI incidence rates by age groups



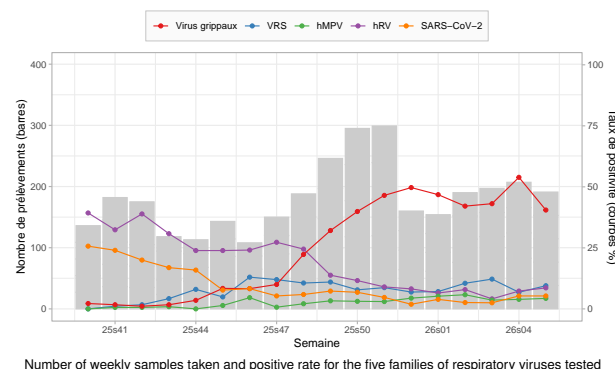
Last week (2026w05), incidence rates of cases of acute respiratory infections (ARI) seen in general practice were estimated at:

- **0-4 age group:** 729 cases per 100 000 population (95% CI [651; 807]) (consolidated data for 2026w04: 729 [656; 803]);
- **5-14 age group:** 571 cases per 100 000 population (95% CI [527; 616]) (consolidated data for 2026w04: 541 [500; 582]);
- **15-64 age group:** 314 cases per 100 000 population (95% CI [299; 328]) (consolidated data for 2026w04: 309 [296; 322]);
- **65 and above age group:** 356 cases per 100 000 population (95% CI [331; 382]) (consolidated data for 2026w04: 364 [340; 388]).

Subject to future data consolidation, incidence rates are **stable in all age groups**.

Data sources: Sentinelles, Electronic Medical Records (EMR) IQVIA

## Circulation of respiratory viruses in general practice and pediatric



Since 2025w40, **3,252** samples have been tested by general practitioners and pediatricians participating in the 2025/2026 virological surveillance of ARI.

Last week (2026w05), **191 patients** presenting an ARI and seen in general practice or pediatric consultations were tested. The rates of positivity of samples for the various viruses tested were as follows:

- **Influenza viruses:** **41%** (77/190) (consolidated data for 2026w04: 54% (111/206));
- **Respiratory syncytial virus (RSV):** **10%** (18/190) (consolidated data for 2026w04: 7% (14/206));
- **Rhinovirus:** **9%** (16/187) (consolidated data for 2026w04: 7% (15/206));
- **SARS-CoV-2 (Covid-19):** **5%** (10/190) (consolidated data for 2026w04: 5% (11/206));
- **Metapneumovirus:** **4%** (8/187) (consolidated data for 2026w04: 4% (8/206)).

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## Description of IRA cases seen in general practice

Last week (2026w05), 951 cases of ARI were reported by Sentinelles general practitioners. Among these, 682 (72% of reported cases) were described and had the following characteristics:

- **Median age:** 27 years (range from 2 months to 97 years);
- **Male/female sex-ratio:** 0.84 (292/348);
- **Risk factors:** 15% (91/604) of the patients had risk factors for complications;
- **Hospitalization:** 1.3% (8/604) of the patients were hospitalized after the consultation.

Data source: Sentinelles

## In conclusion

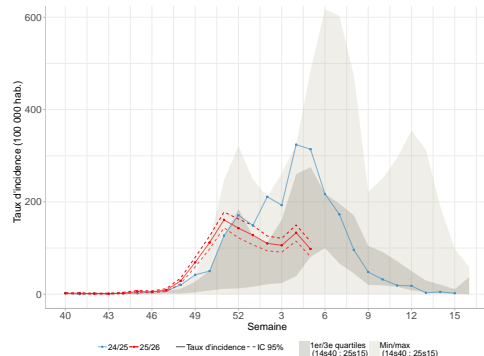
Last week (2026w05), subject to future data consolidation, the incidence of ARI cases seen in general practice consultations **was stabilizing, both in adults and children**.

The viruses mainly detected in patients tested for an ARI were **influenza viruses**.

Find [the epidemiological bulletin of "Santé publique France"](#) with all the surveillance data (outpatient and hospital) on acute respiratory infections.

## Incidence rates of influenza cases

### Decreasing activity at a moderate level



Incidence rates of influenza cases observed in general practice since 2025s40 compared to previous seasons (\*)

Last week (2026w05), the incidence rate of **influenza** cases seen in general practice among patients consulting for an ARI was estimated at **132 cases per 100,000 population** (95% CI [112; 151]), corresponding to 88,708 [75,512; 101,904] new cases.

Subject to future data consolidation, this rate is **decreasing** compared to the previous week (consolidated data for 2026w04: 176 [155; 197]).

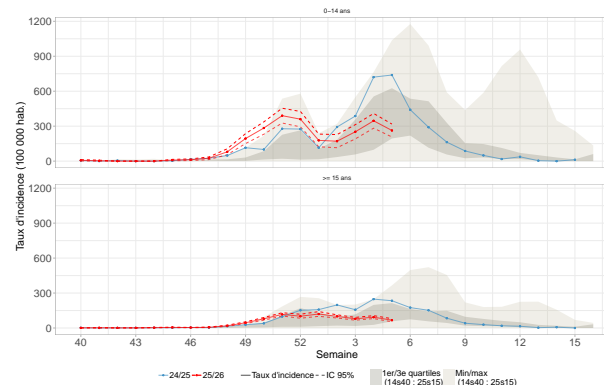
### Description of confirmed influenza cases seen in general practice

Since the beginning of virological surveillance (2025w40), the 931 confirmed influenza cases swabbed by general practitioners and pediatricians presented the following characteristics:

- **Median age:** 30 years (range from less than 1 month to 97 years old);
- **Male/female sex-ratio:** 0.93 (445/480);
- **Vaccination:** 85% (764/896) were not vaccinated against influenza;
- **Risk factors:** 22% (202/906) of the patients had risk factors for complications;
- **Hospitalization:** 0.6% (5/806) of the patients were hospitalized at the end of the consultation.

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## Incidence rates of influenza cases by age groups



Incidence rate of influenza cases by age groups and comparison with historical data

Last week (2026w05), incidence rates of **influenza** cases seen in general practice among patients consulting for an ARI were estimated at:

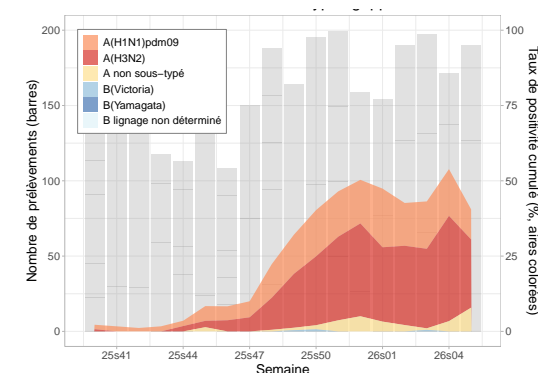
- **0-14 years:** 354 cases per 100,000 population (95% CI [280; 429]) (consolidated data for 2026w04: 459 [377; 541]);

- **15 years and above:** 90 cases per 100,000 population (95% CI [75; 106]) (consolidated data for 2026w04: 124 [108; 139]).

Subject to future data consolidation, these rates are **decreasing in both age groups** compared to those of the previous week.

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## Identification of influenza viruses



Cumulative influenza positivity rate according to circulating influenza virus subtypes from ARI cases collected by physicians

Since the week 2025w40, the 935 influenza viruses identified were distributed as follows: **57% of type A(H3N2)** (535/935), **36% of type A(H1N1)pdm09** (336/935), **6% of non-subtyped A viruses** (60/935) and **0.4% of type B Victoria** (4/935).

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## In conclusion

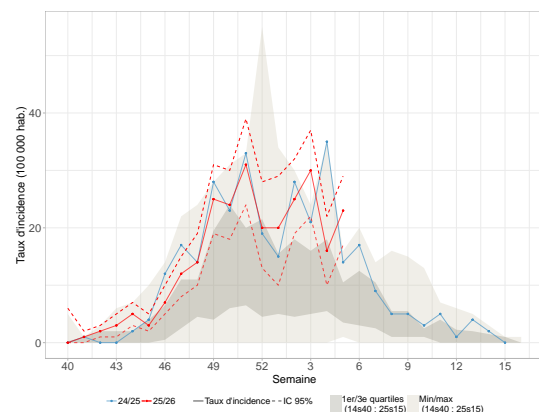
Last week (2026w05), subject to future data consolidation, the incidence of **influenza** cases seen in general practice among patients consulting for an ARI was **decreasing** compared to the previous week, but remained at a **moderate level of activity**.

The influenza viruses identified were of type **A(H3N2)** and **A(H1N1)pdm09**.

Find the [epidemiological bulletin of Santé publique France](#) with all the surveillance data (ambulatory and hospital) on influenza.

## Incidence rates of RSV infection cases

Slightly increasing activity at a moderate level



Incidence rates of RSV infection cases seen in general practice since 2025s40 and comparison to historical data (\*)

Last week (2026w05), the incidence rate of **RSV infection** cases (*the virus responsible for most cases of bronchiolitis in infants*) seen in general practice among patients consulting for an ARI was estimated at **31 cases per 100,000 population** (95% CI [22; 39]), corresponding to 20,697 [15,025; 26,369] new cases.

Subject to future data consolidation, this rate is **slightly increasing** compared to the previous week (consolidated data for 2026w04: 21 [14; 28]).

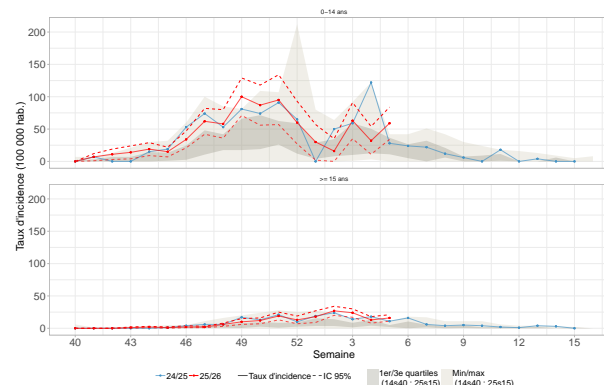
### Description of RSV infection cases seen in general practice

Since surveillance resumed (2025w40), the 252 confirmed cases of RSV infection collected by general practitioners and pediatricians had the following characteristics:

- **Median age:** 19 years (from 4 months to 100 years);
- **Male/female sex ratio:** 0.78 (110/141);
- **Risk factors:** 28% (68/247) of patients had risk factors for complications;
- **Hospitalization:** no patient was hospitalized following consultation (0/223).

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## Incidence rates of RSV infection cases by age groups



Incidence rate of RSV cases by age groups and comparison with historical data

Last week (2026w05), incidence rates of **RSV infection** cases seen in general practice among patients consulting for an ARI were estimated at:

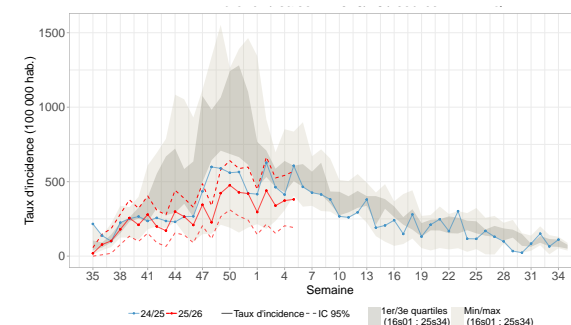
- **0-14 years:** 80 cases per 100,000 population (95% CI [45; 115]) (consolidated data for 2026w04: 43 [13; 73]);

- **15 years and above:** 22 cases per 100,000 population (95% CI [14; 29]) (consolidated data for 2026w04: 17 [12; 23]).

Subject to future data consolidation, these rates are **slightly increasing in the 0-14 and 15 and over age groups** compared to those of the previous week.

Data sources: Sentinelles, DMG (Rouen, Nice, Strasbourg), SOS Médecins

## Incidence rates of bronchiolitis cases in children under 1 year



Incidence rate of bronchiolitis cases seen in children under one year and comparison with historical data

Last week (2026w05), the incidence rate of **bronchiolitis** cases seen in general practice was estimated at **381 cases per 100,000 population** (95% CI [192; 570]) **in children under one year old**.

Subject to future data consolidation, this rate is **stable** compared to the previous weeks (consolidated data for 2026w04: 373 [204; 542]).

## In conclusion

Last week (2026w05), subject to future data consolidation, the incidence of **RSV infection** cases seen in general practice among patients consulting for an ARI was **slightly increasing** compared to the previous week and corresponds to a **moderate level of activity**.

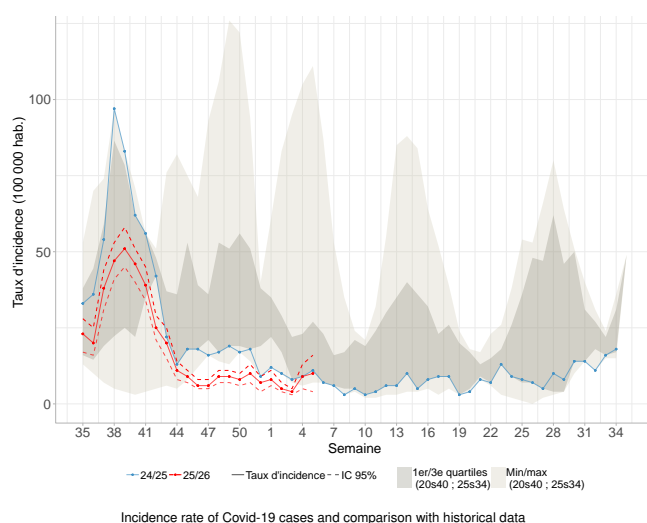
Furthermore, we still note a **stability in the incidence of bronchiolitis in children under one year old** seen by general practitioners, compared to the previous week. The level of bronchiolitis activity in this age group is lower than the ones usually observed at this time of the year.

*Bronchiolitis is mainly caused by respiratory syncytial virus (RSV), although other respiratory viruses may also be responsible, such as rhinovirus or SARS-CoV-2 (Covid-19).*

Find the [epidemiological bulletin of Santé publique France](#) with all the surveillance data (ambulatory and hospital) on bronchiolitis.

## Incidence rates of Covid-19 cases

Stable activity at a low level

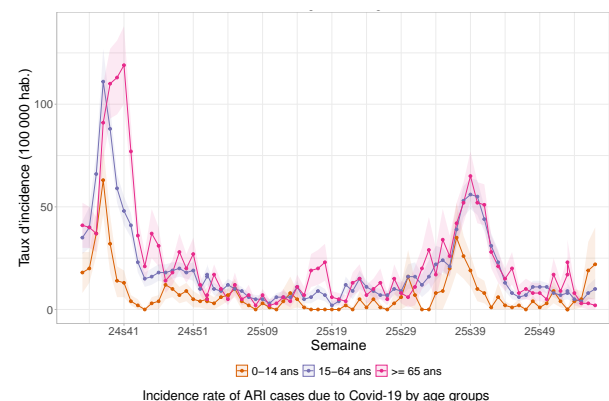


Last week (2026w05), the incidence rate of **Covid-19** cases seen in general practice among patients consulting for an ARI was estimated at **10 cases per 100,000 population** (95% CI [4; 16]), corresponding to 6,810 [2,844; 10,776] new cases.

Subject to future data consolidation, this rate is **stable** compared to the previous week (consolidated data for 2026w04: 9 [5; 13]).

Data source: Sentinelles

## Incidence rates of Covid-19 cases by age groups



Last week (2026w05), the incidence rates of **Covid-19** cases seen in general practice among patients consulting for an ARI were estimated at:

- **0-14 years:** 22 cases per 100,000 population (95% CI [5; 40]) (consolidated data for 2026w04: 19 [5; 33]);
- **15-64 years:** 10 cases per 100,000 population (95% CI [5; 15]) (consolidated data for 2026w04: 8 [5; 12]);
- **65 years and above:** 2 cases per 100,000 population (95% CI [0; 5]) (consolidated data for 2026w04: 3 [0; 6]).

Subject to future data consolidation, these rates are **stable in all age groups** compared to those of the previous week.

Data source: Sentinelles

## Description of Covid-19 cases presenting ARI seen in general practice

Since week 2026w02, the 75 Covid-19 described cases with an ARI had the following characteristics:

- **Median age:** 35 years (range from 6 months to 100 years);
- **Male/female sex-ratio:** 0.38 (20/52);
- **Risk factors:** 21% (13/61) of the patients had risk factors for complications;
- **Hospitalization:** 2% (1/58) of the patients were hospitalized after the consultation.

Data source: Sentinelles

## In conclusion

Stable activity at a low level

Last week (2026w05), subject to future data consolidation, the incidence of **Covid-19** cases seen in general practice among patients consulting for an ARI was **stable** compared to the previous week and was at a **low level of activity**.

Find the [epidemiological bulletin of Santé publique France](#) with all the surveillance data (ambulatory and hospital) on the Covid-19 pandemic.



## Surveillance organisation

Under the aegis of Santé publique France, surveillance in general practice in mainland France is moving towards the integration and joint analysis of data from different networks.

The epidemiological surveillance data published in this bulletin come from several complementary networks of general physicians:

- The Sentinelles network, coordinated by the Institut Pierre Louis of Epidemiology and Public Health (iPLESP) under the supervision of Sorbonne University and Inserm;
- and the EMR (Electronic Medical Records) database, managed by IQVIA.

During the enhanced respiratory infection surveillance season (September to April), data are also collected from physicians in the network coordinated by the general medicine departments of the Universities of Rouen, Côte d'Azur and Strasbourg.

All these collected data are analysed jointly. They provide more reliable on a finer geographical scale, while limiting consolidation from one week to the next.

Current monitoring concerns [nine health indicators](#), with three of them being published each week in this bulletin;

You can find more information about the organization of this surveillance, the number of participating physicians, the methods used, scientific publications and partnerships on the Sentinelles network website: [www.sentiweb.fr](http://www.sentiweb.fr).

## Information and contacts

The Sentinelles team is composed of epidemiologists, statisticians, physicians, IT specialists and technicians.

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## Partners and supervisory bodies

### Partners

Sentinelles IQVIA



### Supervisory bodies of Sentinelles network



## French General Practitioner or Paediatrician ?



Get involved in research and health monitoring in primary care by joining the Sentinelles network ([become a Sentinelles doctor](#)) !

## THERE IS ALSO GENERAL POPULATION MONITORING

**grippe  
covid net**

Join the participatory cohort for monitoring Covid-19 and influenza by registering at <https://www.grippenet.fr>

You don't need to be a healthcare professional to take part!